

## 3 BREEZY UPDOS TO COOL YOUR SWEATY NECK

Elizabeth King, co-owner and stylist at Luxe a Salon + Spa (2109 W Belmont Ave, 773-665-2049, [luxeasalon.com](http://luxeasalon.com)), suggests trying these styles on wet or towel-dried hair.

**1. The fishtail.** Secure your hair into a side ponytail behind one ear. Divide the ponytail into two sections.

Separate a quarter-inch-wide piece from the outside of the right-hand ponytail section and bring it between the two sections of hair. Repeat on the opposite side (separate a quarter-inch wide piece from the outside of the left-hand ponytail section and bring it to the middle). Alternate down the ponytail and finish it off with a hair tie.

**2. The twisted bun.** Start with a side part. On the side of the head that's heaviest with hair, pull a two- to three-inch-wide section that frames the face and begin to twist outward, away from the face. Continue adding one-inch sections of hair down the hairline, twisting each new section into the original twist so that you form a ring above the neckline. Once you get to just beneath the other ear, grab the remaining strands, wrap them once

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over the twisted section of hair and twist it all together into a bun. Secure with bobby pins.

### 3. The braid-banded ponytail.

Create a deep side part. Starting at the part line on the side of the head that's heavier with hair, take a three-inch-wide section (from forehead back) and split it into three pieces. Start to French braid by doing one crossover in traditional braid style; then add a half-inch-wide section of hair beneath the left-hand section before crossing it over; repeat on the opposite side, adding a half-inch-wide section of hair beneath the right-hand section before crossing it over. Continue the French braid down to the top of the ear, then traditionally braid the rest. Pull the remaining loose hair together with the braided hair through elastic, leaving it looped up rather than pulled all the way through into a ponytail. Secure any loose hairs with bobby pins. —As told to Jessica Herman



## 4 KID-FREE PUBLIC POOLS

**▲ 1. Holstein Park** During "open swim"—the Park District's name for swimming sans tots—tatted hipsters and bikini-clad yuppies lounge on a strip of cement deck at the north end. 2200 N Oakley Ave (312-742-0249). Open swim: Mon-Fri 1-3:30pm; Sat, Sun 1-3:15pm.

**2. Pulaski Park** Most kids stay near the wading pool, leaving the north side for adults to take a dip in the deep end. 1419 W Blackhawk St (312-742-7559). Open swim: Mon-Fri 1-4:45pm; Sat, Sun 1-3:45pm.

**3. Dvorak Park** Stow your bag in a locker (it's a rule—so BYO lock). You'll be greeted by a crowd-free pool with South Side hipsters dotting the large deck. 1119 W Cullerton St (312-746-5083). Open swim: Mon, Tue, Thu 12:45-6:30pm; Wed 12:45-4pm; Sat 2:45-5:45pm; Sun 1:30-7pm.

**4. Hamlin Park** Fit twentysomethings lounging on the cement deck will make you wish you rocked the Shake Weight before you hit the slightly-too-cold water of this clean, spacious pool. 3035 N Hoyne Ave (312-742-7785). Open swim: Mon-Fri 1-3:45pm; Sat, Sun noon-3pm. —Madeline Nusser and LB



## 5 TIPS FROM A TEXAN

Who would know better how to beat the heat than a transplant from the Lone Star State? Local comedian and former El Pasoan Seth Dodson offers this advice:

1. If you have to go to a rodeo, go to the gay rodeo (Aug 20-22, [ilgra.com](http://ilgra.com)). It's much cooler because shirts are optional and assless chaps are required.
2. Prudes: Just wear one chap.
3. Go swim in the Rio Grande. (JK! Border Patrol is a real bitch.)
4. Stay inside! Is August so important that we need to part with our wool cardigans and venture outside of our frosty, air-conditioned comfort zones?
5. I would suggest building a swimming pool, but for once I don't think anyone in Texas is in the mood for drilling.

See Dodson in *The Sandbox at the Playground Theater* ([the-playground.com](http://the-playground.com)) every Monday at 8pm.

## 7 STEPS TO MAKE THE PERFECT CUTOFFS

It's too hot for jeans, but the weather's perfect for cutoffs. Buffalo Exchange manager Mattie Reynolds explains how to make 'em right:

1. Find the perfect upper fit and a wash you love.
2. Put them on and mark your desired length with a pencil. If you want a cuffed hem, give yourself an extra inch of fabric.
3. Once they're marked, lay the jeans on a flat surface. If they have a lower rise in

the front than the back, don't try to match up the waistline. Instead, focus on the leg being straight and side hems being even. Take a ruler and draw a straight line across your marked area. This is your cutting line.

4. Use scissors to cut across your marked line, cutting the front and the back of the denim at the same time so the length will be even.

5. After one leg is cut, try the jeans on for size and desired length.

6. Cut the other leg using your already-cut leg as a guide.

7. If you want that instant worn-in look, pull some of the loose threads from the bottom of your shorts before throwing them in the washer and dryer. If you want a clean look, fold a one-inch hem at the bottom of your shorts and press with an iron.

Score gently used jeans at Buffalo Exchange (1478 N Milwaukee Ave, 773-227-9558, [buffaloexchange.com](http://buffaloexchange.com)) and other resale shops.

FIND MORE CUTOFFS at [timeoutchicago.com/features](http://timeoutchicago.com/features)

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## Features

*Cool off*

# 3 breezy updos to cool your sweaty neck

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